## DIETARY RESTRICTIONS ACCOMMODATIONS

Group Mission Trips does their best to accommodate all participants' needs and we take dietary restrictions and allergies very seriously.

| CAN ACCOMMODATE |
| :---: |
| Participants with the following dietary restrictions or <br> preferences can be accommodated. |
| peanut allergy (not airbone) |
| nut allergy (not airborne) |
| egg allergy |
| seed allergy |
| soy allergy |

<< Note: Our kitchens are not gluten-free, nut-free, nor diary-free
<< Peanut butter is an option on our menu

| CAN PARTIALLY ACCOMMODATE |
| :---: |
| Participants with the following dietary restrictions <br> need to supplement with some of their own food. |
| gluten allergy |
| 2 or more allergies |
| lactose intolerance |
| vegetarian diet |
| vegan diet |
| picky eaters |

<< Let us know and we can have a few gluten free items available
<< Combinations of different allergies and preferences are often hard to accommodate
<< We offer a full salad bar but you may need to bring some protein options

| CANNOT ACCOMMODATE |
| :---: |
| Participants with the following dietary restrictions <br> need to bring their own food and <br> attend at their own risk. |
| Celiac disease |
| Airborne nut allergy |
| Any reaction so severe that trace contaminants <br> would cause reaction |

<< We cannot gaurantee that our lodging facility nor the sites that we work at will be nut-free.

Group Mission Trips cannot discount participant fees based on individual dietary restrictions if supplemental or alternate food is required.

