



## East Bank, WV

### The Area

East Bank was founded just before the 1900s when coal-mining operations were at their peak. This community grew in spirit and small-town vibes until multiple years of flooding wiped out pieces of their town and history. Located along the Kanawha River, this Appalachian community has been left to fight for its place in the state.

Today, many residents with disabilities and Black Lung disease populate East Bank. The population may be older, but the community and culture are rich and bold. During your time in the city, you will make new friends whom you'll never forget and make real, practical differences in these residents' lives. You will be hard pressed to find a more appreciative individuals than those of West Virginia. Remember, these West Virginians are strong individuals who have contributed much to this nation's success.

### Our Partner

For many years, our Cosponsor has partnered with Group Workcamps to build a better community throughout the Appalachian region. Serving in many areas, our partners are well known for their programs assisting the elderly and youth. They have a long-standing YouthBuild program that helps young people learn skills that prepare them for their future and are passionate about service.



### Lodging Information

Participants will stay in a facility with \*full air conditioning and indoor showers! If you're worried about modesty, bring your swimsuits. Everyone will be sleeping on floors, gender-separate, so bring your air-mattresses!

*\*Subject to change.*

### The Need

Projects in East Bank could include painting, weatherization, and skirting to protect homes against time and weather. Throughout the week, participants may also construct ramps and porches for residents in need.

### Area Activities

Soak in the beauty of Kanawha State Forest, where your group can cool off and swim. Visit Daniel Boone Park or Kanawha River Falls nearby. Charleston, the capital city of West Virginia, is a quick drive down the road. Head a few minutes in any direction from there, and you'll find beautiful state parks in lush Kanawha County with its rolling green Appalachia mountains, winding streams, and pockets of small communities.

Catch a West Virginia Power baseball game at the Appalachian Power Park or catch a free concert at Haddad Riverfront climbing at ACE Adventure Resort. Regardless of the activity, the beautiful hills of the Appalachian Valley will not let you down!

